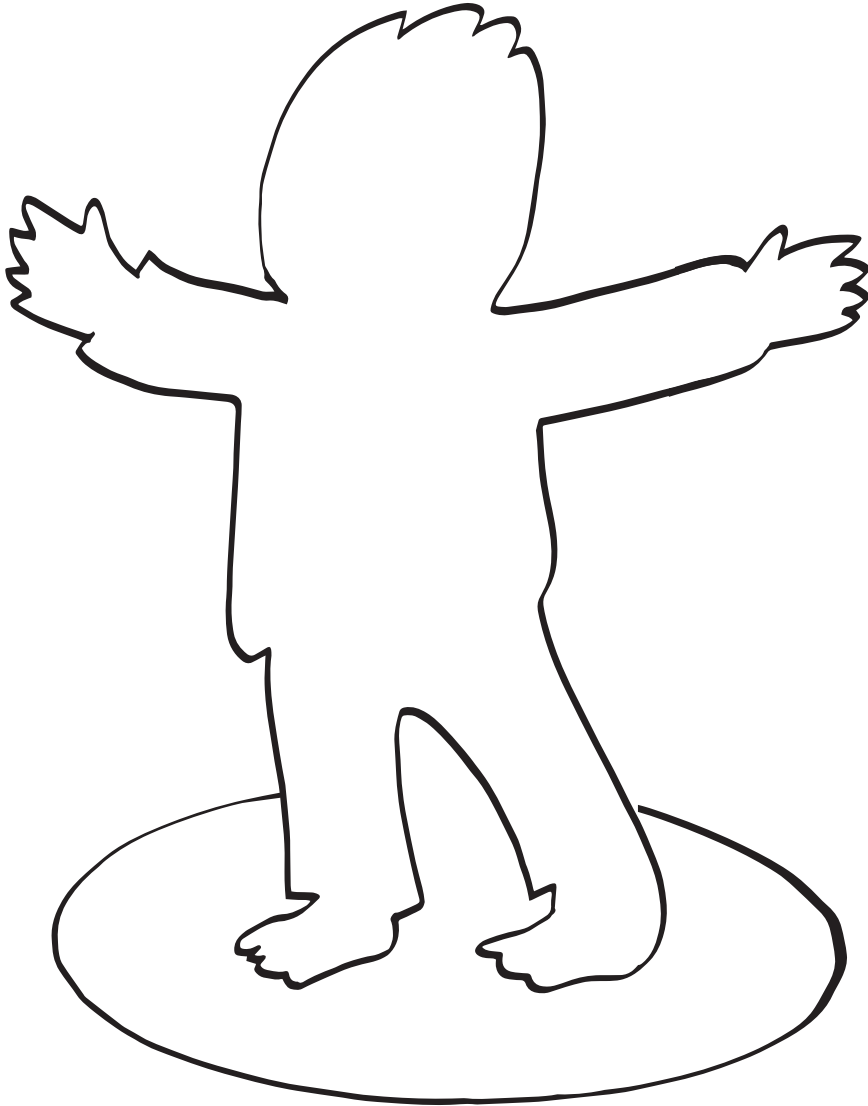
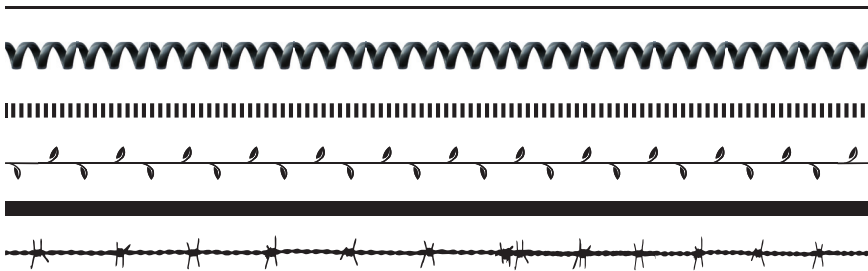


MODEL MY BOUNDARIES



Draw borders on the figure as they apply to different people in your life. Here are some suggestions for types of borders:



EXERCISES